## Unit 10 Personality Study Guide

## Multiple Choice - Identify the choice that best completes the statement or answers the question.

- Definition of personality
- In suggesting that the mind is mostly hidden, Freud was most clearly emphasizing the importance of what state of mind?
- What is repression?
- Of the three parts of the personality (id, ego and superego), which would control an infant's actions?
- According to Freud, the part of personality that represents our sense of right and wrong and our ideal standards is the...
- Saeb is a high school senior. He impulsively and carelessly spends all his time and money on his girlfriend and his car. Freud would have suggested that Saeb shows signs of a weak...
- Freud believed that personality forms as children go through what stages?
- One-year-old Melissa derives great pleasure from putting everything she touches in her mouth—toys, balls, Mom's keys, for example. Freud would have suggested that Melissa is going through the \_\_\_\_\_\_ stage of development.
- According to Freud, defense mechanisms are used by the ego to do what?
- Although Camile has detailed memories of her high school experiences, she remembers very little about the boyfriend who abruptly broke off their marriage engagement. According to psychoanalytic theory, it appears that Camile is using the defense mechanism of...
- Children who release unexpressed anger toward their parents by kicking a pet illustrate the defense mechanism of...
- Frank refuses to believe that he is addicted to drugs despite overwhelming evidence to the contrary. He is most clearly demonstrating the defense mechanism of...
- Alfred Adler was a neo-Freudian who coined the term...
- Karen Horney emphasized that childhood anxiety is caused by...
- Carl Jung emphasized the importance of \_\_\_\_\_\_ in personality functioning.
- The Thematic Apperception Test is what kind of test?
- Which perspective on personality emphasizes the importance of our capacity for healthy growth and self-realization?
- According to Maslow, the desire to fulfill one's potential is the motivation for ... (it's at the top of his pyramid)
- Which theorist emphasized that an individual's personal growth is promoted by interactions with others who are genuine, accepting, and empathic? (He compared people to acorns)
- Carl Rogers referred to an attitude of total acceptance toward another person as...
- The Myers-Briggs Type Indicator classifies people according to personality types identified by...
- The MMPI is an example of what kind of test?
- Frida was informed by a professional palm reader: "You generally communicate openly with others, but you have certain dark secrets that even your closest friends could never guess."

The fact that Frida was impressed by the palm reader's insight into her personality best illustrates what effect?

- The stability of personality traits over time is greatest among which group of people?
- Do personality traits stabilize over time?
- People's scores on personality tests often fail to predict their behavior in a real-life situation. According to Walter Mischel, this should make us more cautious about emphasizing the consistency of...
- Because Greta is an extravert, she frequently goes to parties where she is encouraged to laugh and socialize with her friends. Because Jim is an introvert, he frequently spends weekends in the library where it's easy to quietly reflect and study. Greta and Jim best illustrate what is meant by...
- Within the framework of Bandura's reciprocal determinism, an external locus of control refers to a(n)...
- Emma believes that she will succeed in business if she works hard and carefully manages her time. Her belief most clearly illustrates what kind of locus of control?
- Julio believes that no matter how hard he works, the "system" is so biased against his ethnic group that he will be unable to achieve economic success. Julio's thinking most clearly demonstrates what kind of locus of control?

## Essay

You are talking quietly with some friends at a restaurant when all of a sudden a new student at your school, Dave, sits down at your table. Dave immediately starts to tell a loud, funny story to everyone at the table while he gobbles French fries from your plate. Use the following theories to explain or describe aspects of Dave's behavior:

- Reaction formation
- Trait theory
- Maslow's hierarchy of needs
- Reciprocal determinism
- Operant conditioning
- Drive-reduction theory
- Incentive theory